



Senior Financial Empowerment

4-week Class Syllabus

Week	Date	Topic and Assignments
1		Budgeting on a limited income Knowledge of Senior focused Community Resources
2		Debt Management/Credit Repair
3		Navigating Insurance/Medicare Systems
4		Advanced Care and End of Life Planning

Upon completion of this course a student will understand:

- How to budget on a limited income and will attain knowledge of local community resources that improve quality of life specifically for senior citizens
- How to repair and maintain good credit rating
- How to navigate complicated insurance and Medicare systems
- Have basic knowledge of Advanced Care/End of Life Planning options and helpful community resources for preparing for this stage of life